



CHARLIE BROWN'S KIDS

CBK REUNION – AUGUST 2nd 6 – 8



- DATE:** Thursday, August 2nd
- TIME:** 6 p.m. to 8 p.m.
- PLACE:** A & R Skate Center, 38th & Old Cheney
- FOOD:** Pizza, veggies, cookies & drinks will be provided by CBK
- ACTIVITIES:** Kids can skate – Parents can skate or chat

MARK YOUR CALENDARS for the Annual CBK Reunion, which will be held on Thursday, August 2nd, 6-8 p.m., at A & R Skate Center.



A & R is located on the north side of 38th & Old Cheney. Kids can skate – parents can skate or chat. Pizza, veggies, cookies and drinks plus your skating fee will be provided by CBK. Due to the limited size of A&R's ovens used to cook the pizzas, we can not all eat at the same time like we usually do. Some can skate, while others are eating. Anyone who has ever attended a CBK kid's group, parent group or volunteered is invited to join the fun. Catch up with friends who attended years ago -- call and remind others to come. We will be holding the drawing for our Raffle Ticket Sales -- your last chance to purchase a few more lucky tickets and turn in any tickets you have sold. Make plans to attend.

2ND ANNUAL EVENING OF JAZZ WAS A GREAT SUCCESS!!!



The 2nd Annual Evening of Jazz benefit concert on Tuesday, July 24th featuring Dr. Darryl White, an associate professor of trumpet at the University of Nebraska School of Music; Joey Gulizia, drums; Jerry Devore, bass; Tom Harvill, piano; and special guest – recording artist – Camile DeVore, vocals plus another associate of Dr. Whites who played the bongo drums, was an evening enjoyed by all who attended. The fantastic atmosphere of the Rococo Theatre helped to make the evening memorable. Those attending enjoyed the great sounds of jazz, the chance to purchase tickets for our upcoming raffle and the opportunity to participate in a silent auction of art work provided by CBK members. The evening was such a success that we are already looking forward to next year's benefit concert. Thank you to all who helped to make this night a great success!

CHARLIE BROWN'S KIDS WEBSITE

GOOD GRIEF
Charlie Brown's Kids

P.O. Box 67106 • Lincoln, NE 68506 • (402) 483-1845

Home	Staff	Meetings	Contact	Donations	Newsletter	H.U.G.S. Camp	Calendar	Parents
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Helping kids cope with the death of a parent.

AUGUST MONTHLY PLANNER

August 2nd (Thursday) 6-8 p.m.
CBK REUNION – A & R Skate – 38th & Old Cheney

August 16th (Thursday) 6-8 p.m.
CHARLIE BROWN'S KIDS
Sheridan Lutheran Church, 6955
Old Cheney Road



Bring Brown Bag Supper
Topic: Parent's Dating & Back to School Preparations

August 23rd (Thursday) 7 p.m.
CBK BOARD OF DIRECTORS
Law Office of Jeffrey, Hahn, Hemmerling &
Zimmerman, P.C., 4701 Van Dorn Street

**SHOW YOUR CBK SPIRIT. WEAR YOUR
CBK T-SHIRT ON THURSDAYS!**



Check out our new website at <http://charliebrownskids.org>. Parts of it are still under development but it is a great start. We would like to thank **Ann Gaffigan** for developing it for us. Thanks Ann! It looks wonderful!

LINCOLN MUNICIPAL BAND CELEBRATES 100TH ANNIVERSARY



CBK has been invited to set up a booth at the **Lincoln Municipal Band 100th Anniversary Concert Series on Sunday, July 29th, 7 p.m.** The concert is a Tribute to Service Organizations. The evening's musical theme will be Rock & Roll Revolution (1958-1968). It is free and open to the public, so stop by to listen to great music and check out our booth. The concert will be held at Antelope Park (South on Park Drive at approximately 31st & A) in the John Shildneck Bandshell and the booth will be set up after 6 p.m.

AUGUST 11 – SATURDAY – 10am – 2 pm 11th Annual BryanLGH Kids Health & Safety Fair

CBK will participate in the **11th Annual BryanLGH Kids Health & Safety Fair** at the **BryanLGH Medical Center East in the Cotner Boulevard Parking Garage, on Saturday, August 11th, 10am – 2pm.** The goal of the event is to provide families with information on children's health and safety programs. There will be 60 interactive exhibits (including our CBK booth); Castle Moonwalk or Gorilligan's Island inflatables; StarCare helicopter; a fire truck; learn safety issues involving animals, bikes, seatbelts and water; and more. It's all free and a fun, fun time. Look for Nancy and Daniel at the CBK booth

September Newsletter information is due August 18th. Send contributions to:
CBK, PO Box 67106, Lincoln, NE 68506
or nschreib@juno.com

VOLUNTEERS NEEDED
OPTIMISTS CONCESSION STAND SALES

Check your Calendars! Mark the dates! CBK will again partner with the **Sunrise Optimists and assist working in the Midget Football Concession Stand on two Sundays - September 9th and September 23rd**. We will need 10 volunteers (16 years and older) each day for 4 hour shifts. We want to thank the Sunrise Optimists for allowing us to participate in this fundraising opportunity. You can sign up at the Reunion or call The Charlie Line, 483-1845.

BACK TO SCHOOL

Going back to school following a death of a parent can be difficult, scary and a confusing time. It can cause anxiety in your child as they deal with peer pressure of being different. (That is why it is important to come to Charlie Brown's Kids. Here they can communicate with other kids just like themselves.) Tell your child that, if they don't want to, they don't have to answer questions. Explain that others may be uncomfortable talking about the person who died. Your home and Charlie Brown's Kids meetings can be the places where you and your child can talk about and remember your loved one. You may want to talk with the school principal, your child's teacher, the school social worker, or counselor, to let them know of the death of the child's parent and to plan for the child's return to school. You may also want to discuss what information you would like shared with his/her classmates. Even if it's been several years since the death, you may wish to remind the school system. Children continue to grieve as they grow older and your school system may not think this is relevant any longer. Ask for help in getting the kids ready to go back to school if you need it. We hope that you have a great start to the school year.

Happy Birthday!

	Brandon Smith	8/1/90
	Josiah Hein	8/2/00
	Kodie Burchett	8/4/94
	Alyxandra Dietz	8/6/03
	Mackenzie Nelson	8/8/99
	Cody Barclay	8/11/90
	Tanner Skala	8/11/98
	Shelby Swartz	8/12/93
	Michael Ottens	8/12/91
	Logan Schleich	8/15/92
	Michael Harris	8/17/98
	Kendra Claussen	8/21/96
	Elliot Choi	8/22/96
	Christine Cullinane	8/30/95
	Ben Smith	8/30/96
	Will Martin	8/31/94

THANK YOU

We want to thank the **North Wal-Mart Associates** for choosing CBK as the recipient of a **\$1,000** donation. It was a wonderful surprise to

receive a call from A.J., notifying us of the "large" check. Thank to the North Wal-Mart Associates for their generous gift and their continued support throughout the years. THANKS!

CBK wants to thank **KZUM, 89.3 FM**, for promoting 65 nonprofit organizations in Lincoln and SE Nebraska. Charlie Brown's Kids was chosen by Roger and Jerry, in their **Conversations** broadcast on Tuesday, July 17th, 6-7 p.m. A portion of the hour's programming was designated to inform the listeners about CBK and to promote our upcoming Jazz and raffle ticket fundraisers. Thanks KZUM for spreading the word about CBK and other nonprofits.

PARENTS DATING

Many times the need to not be alone can rush the desire to begin dating before you have completed all of your grief work. Only begin dating when you have wrapped up any lingering grief work. It also takes time to form a new identity. Don't look to another person to make you feel whole. Form friendships, rather than romances, to help develop stability, independence, self-esteem, and a sense of belonging.

You may feel awkward and confused upon reentry into the dating world after many years of being gone. You're not alone. Dating requires a particular kind of social/emotional muscle, and these muscles can atrophy without use. When you are ready to begin dating, take it slow. Get your life in good working order. Take a good look at your career, home, family and relationships with friends: Is everything in good working order? Are you in a healthy emotional state? Give yourself a makeover. Your appearance is important, especially in the early dating stages. When you look your best you also feel your best. Determine the qualities you desire in a mate. Don't compare your dates to your deceased spouse. Remind yourself that you have a lot to offer. Remove anything that might be mistaken as an engagement or wedding ring.

Develop a schedule of going out regularly and socializing where there are groups of singles such as Charlie's Friends. Safe places where you develop and see new single acquaintances regularly. Ease into dating by starting with a simple 'agreeing to meet' for coffee after singles events, classes, etc. Start out as friends, go slow and don't do anything you wouldn't want your children to do.

Talk to your kids about why you are beginning to date. It's important that your children realize that you need male/female friends that are your own age. Maintain appropriate boundaries during the dating process in order to protect your children from attaching to someone who may just be passing through. Keep your dating life relatively separate from your family life until you know the person well enough to feel they would be a good friend to your children. And always answer your children's questions about your relationship honestly. Take your time, date a lot of people, experience life and don't rush into any one relationship!

